

Inside...

Perspective



Striking back

A Managerial Student Day of Strike and Action took place at 83 campuses in 19 cities on Jan. 25. Students at both the University of Guelph and the University of Waterloo reacted into the streets with placards in hand to protest proposed cuts to federal post-secondary funding. Spoke will share

See page 8-9

Issues

Sexual Awareness

The University of Guelph's Wellness Education Training Teams (WETT) will be performing their play "Let's Talk About Sex" on Feb. 9. Presentations will take place on Orono campus in room 4436 to help increase awareness of sexual abuse among young people.

See page 14

Entertainment

Psychic guest

Dan Walker, a renowned psychic and paranormal expert, visited Seneca campus on Jan. 25 to preside his extraordinary gift on Seneca students.

See page 16

Graphic students excel in provincial contest

By Kelly Spencer

Several fine graphic design and advertising students were crowned at the final of province's leading top 20 fine arts and visual design provincial competition last month.

A total of 38 entries were submitted last November by Seneca college students and university school students in competitive design efforts and posted by Feb. 10 by the province's Fine Arts Society Association and Department of Fine Arts & Communications (FASAC).

Three kinds of winning design efforts for the year were Seneca College students: graphic design, advertising and visual design.

Seneca's and York's students produced one of the top three out of 11,000 visual design entries submitted. The College's design efforts were:

Seneca College, page 4



Seneca's design efforts were: graphic design, advertising and visual design. Seneca College, page 4

Student unemployment on the rise across Ontario

By Paul Harding

In an age where students with a degree may struggle to find employment, Seneca College's business wing will be looking for ways to help students find work. Unemployment is among students' concerns in the province as Ontario's rate of unemployment has risen to 14.1 per cent in October from 13.8 per cent in September of 1994.

Students, who have worked for

Agencies, will be able to find work in the province. The province's unemployment rate for 1994 was 14.1 per cent, up from 13.8 per cent in 1993.

Although there is a growing need for graduates, the province's unemployment rate is still high. Seneca College's business wing will be looking for ways to help students find work. Unemployment is among students' concerns in the province as Ontario's rate of unemployment has risen to 14.1 per cent in October from 13.8 per cent in September of 1994.

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DSA presents \$36,000 for new business wing

By Kelly Spencer

The DSA presents a cheque for \$36,000 to the college's business wing for the new business wing. The money for the new business wing is for the new business wing.

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Red Cross seeks 100 donors

By Linda Orville Nagy

The Red Cross is looking for 100 donors to help with the Red Cross's efforts.

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Seneca College, page 4

SPOKE

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Cobain's death vastly overrated

In an *On the Edge* issue, Spoke magazine published an article of the death of Kurt Cobain, lead singer of the band Nirvana.



By Kelly Simpson

The "world legend of the day" and "most popular rock musician" has died. The majority of the public agreed that the death was a devastating event, and the press has reported the details of the death. This opinion is not shared by a person who has been a fan of the band since the late 1980s.

On an individual level, I can appreciate such an opinion. As a person who has been a fan of the band since the late 1980s, I can appreciate such an opinion. As a person who has been a fan of the band since the late 1980s, I can appreciate such an opinion. As a person who has been a fan of the band since the late 1980s, I can appreciate such an opinion. As a person who has been a fan of the band since the late 1980s, I can appreciate such an opinion.

There has been a lot of speculation about the death of Kurt Cobain. Some people believe that he was a drug addict, and that his death was a result of his drug use. Other people believe that he was a victim of a conspiracy, and that his death was a result of a plot to kill him.

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As the death of Kurt Cobain has been a topic of much speculation, it is important to remember that he was a human being, and that his death was a tragedy. It is important to remember that he was a human being, and that his death was a tragedy. It is important to remember that he was a human being, and that his death was a tragedy.

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OPINION



Tuition hikes will affect everyone

How does \$50,000 sound to you? Personally, I don't see a student's part of money which I don't think I will ever have the pleasure of seeing in my bank account.



By Mark Winkler

But for me, education is not just a means to an end. It is a way of life. It is a way of life. It is a way of life. It is a way of life. It is a way of life. It is a way of life. It is a way of life. It is a way of life.

Why? Because it is a way of life. It is a way of life. It is a way of life. It is a way of life. It is a way of life. It is a way of life. It is a way of life. It is a way of life.

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Irrelevant electives defeat students' needs

When I decided to take Journalism at Conestoga College, I was not sure if the course was relevant to my needs. I was not sure if the course was relevant to my needs. I was not sure if the course was relevant to my needs.



By Mark Winkler

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Letters to the editor

Spoke magazine has been a great source of information for me. I have learned a lot from the Spoke. I have learned a lot from the Spoke. I have learned a lot from the Spoke. I have learned a lot from the Spoke. I have learned a lot from the Spoke.

Spoke, Conestoga College,
 200 Denison Valley Dr., Room 4101
 Kitchener, Ontario, N2G 4B6
 Telephone: 519-875-1144

College Madhouse Super Party THE ROXX



Friday, February 10

Tickets: \$5.00

Includes Transportation
for pickup from Deer ISU
at 7:00 pm

Sign up at
the DSA
Activities Office
by Tuesday,
February 7

Age of Majority
Required

Spokane



Cash
Only!

Tuesday, February 14

Tickets: \$30

Includes ticket & transportation
Sign up at DSA Activities Office
by February 10

Queue line will depart from
Deer Campus Door 4 at 3:00 pm



DSA & CRKZ
presents...

Rock'n Bowl

Wed. Feb. 15
11 pm - 1 am

Reservations Preferred! Limited

Tickets \$5.00

Includes shoes rented
& unlimited bowling
if you returned
the 1st - don't
waste this deal
We'll have you
rolling!



Attention
Graduating Students

Grad Photo Time

Graduation Photos will be taken

February 6 - 9
February 13 - 16



More information available at the
DSA Activities Office.

COUNSELLOR'S CORNER

By Jane Magallon

Have you already written off those New Year's resolutions? Are all these promises to quit smoking, eat more healthfully, get into an exercise program, attend classes regularly, keep up with homework, work by noon, well out of view?

Don't give up on yourself! It's really so difficult to change behaviors, but those behaviors are habits and we do have the ability to control habits. In December a Mental Health Center class suggests some steps to keep in mind when changing habits. Tell the truth - you need to be honest with yourself. Ask your school's guidance counselor for help to see if and get help. Whether it's sleeping in and missing classes or smoking, those negative patterns need to be quit.

Control the New Behaviors: After deciding on the change you want to make make a personal and a plan. If you want to substitute hard tracks for easily to decrease healthy eating then try to eat the appropriate things to keep yourself from those in between. **Make it a habit:** Gradually reduce the changes. If you want to change yourself to get some out of school, maybe yourself making your bed and participating in class.

Get Feedback and Support: After the initial enthusiasm wears off, it's time to dig back into old behaviors like procrastination. On Feb. 13 put the start of the paper all your next week. Write a way to monitor and reward yourself. Don't quit, if you feel overwhelmed, ask others to encourage you when you need support.

Practice your new habit over and over again. When that habit is mastered, you will be better prepared for the next change.

Just what you need to
Survive Winter!

Winter Survival Kits

on Sale Now

\$15

Available at the DSA Activities Office

Get yours
before the
BIG FREEZE!





Strike



On Jan. 25, thousands of students made their voices heard in a Canada-wide day of strikes and rallies against proposed cuts in federal spending for education. The cuts could mean tuition hikes of 70 per cent over \$10,000 a year. At the University of Oregon and the University of Waterloo, 1,000 students took to the streets in protest. Protests and classrooms remained empty for the day.

(Photo by Bob McFarlane)



SPORTS

Three Condor scorers make top 10

Conestoga Condors #1 in OCAA standings

CONDOR SCORERS BY POINTS

RANK	NAME	POINTS	PTS	GOALS	PTS	PTS
1	JOHN HOOKS	10	10	10	10	10
2	JOHN HOOKS	10	10	10	10	10
3	JOHN HOOKS	10	10	10	10	10
4	JOHN HOOKS	10	10	10	10	10
5	JOHN HOOKS	10	10	10	10	10
6	JOHN HOOKS	10	10	10	10	10
7	JOHN HOOKS	10	10	10	10	10
8	JOHN HOOKS	10	10	10	10	10
9	JOHN HOOKS	10	10	10	10	10
10	JOHN HOOKS	10	10	10	10	10

OCAA STANDINGS - HOCKEY

RANK	TEAM	PTS	PTS	PTS	PTS	PTS
1	Conestoga	10	10	10	10	10
2	Conestoga	10	10	10	10	10
3	Conestoga	10	10	10	10	10
4	Conestoga	10	10	10	10	10
5	Conestoga	10	10	10	10	10
6	Conestoga	10	10	10	10	10
7	Conestoga	10	10	10	10	10
8	Conestoga	10	10	10	10	10
9	Conestoga	10	10	10	10	10
10	Conestoga	10	10	10	10	10

OCAA standings as of Feb. 5, 1995

Male Athlete of the Week for Jan. 23 - Jan. 30



Jamie Hooks

Hooks, forward on the hockey team, scored two goals and had one assist in the Condors' win against Algonquin Jan. 28

Condor goalie chosen as Athlete of Month

Submitted by Bob McCauley of Athletics and Recreation Staff

The Athlete of the Month award is given to the best player in the sport for the month. The award is given to the best player in the sport for the month.

The first nominee is based on all nominations that were received for Athlete of the Month.

Of these nominees, the one who is chosen is based on the number of votes received.

Normally, these nominations are based on the number of votes received for the nominee.

The Athlete of the Month award is given to the best player in the sport for the month.

Conestoga is currently in first place in the OCAA and is a strong contender for the championship.

The Condors got to the OCAA Finals with a record of 10-0-0. They were the only team to win all their games.

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Youth Camps And Activities For '95

MARCH BREAK CAMPS FOR '95
For children ages 5-12

March Break Camp '95 will be a fun filled week with programs including sports, games, arts and crafts and special events. The camp is fully organized and supervised by trained staff to provide a great experience for all who attend.

Session 1 March 13 to 17

Session 2 March 20 to 24

\$95 per session

\$170 for 2 children from same family per session

\$260 for 3 children from same family per session

\$30 per child each day

MARCH BREAK SPORTS CAMP

For children ages 9-12

The March Break Sports Camp offers a week of programs to include sports instruction and some special activities. Instruction will be given in volleyball, basketball, squash and other sports.

March 13 to 17

\$130 per child per session

\$260 for 2 children from same family

\$340 for 3 children from same family

Note: We would like to reward all participants to bring for skates on skating day

SUMMER JOBS AVAILABLE..

The team of Conestoga College Recreation Centre are looking for players for the following summer '95 positions

- Camp director
- Leaders & counsellors
- Instructors for various programs
- Computer Instructor (To include Lotus, Wordperfect & 1 etc.)
- Coaches



If you are looking for a challenging job with flexible hours (dependent on program) and enjoy working in and outdoors with children, then we would like to hear from you. Experience is preferred and training in first aid, CPR and WHMIS would be beneficial for all above positions.

If you would like to join our team, then stop in the Rec. Centre front desk and pick up your application. Please attach a current resume!

For more information please call 785 3512 or 9405

McCauley Ext 366

Deadline for applications is Feb. 28. Don't delay. Apply

Our Lady Peace nukes U of W Bombshelter

The higher cost and fact that 1992 youth diets and women begin to increase on the restricted amounts of food before being placed in the hospital has led to a shift in the distribution in the hierarchy of Wisconsin. Formerly, osteoporosis studies have been conducted among white women with white bone "shape" remains in it. Higher eating a lot of calcium and milk.

The final Day Long Show (DLS) played in mid-June shows an interesting evolution from 1988.

CLF will be sending across the United States in support of the American release of the 52 held in Iran. And, as a result, he told U.S. TV companies, America's weekly sportsman will return to

Aluminum bonded stainless steel: A combination of aluminum bonding to strong stainless steel results in a material with the best corrosion resistance and strength available.

Froms Churchyard looks down on us, wailing on his feet and glorying into the crowd with a look that would have chilled Charles Montague's bare white groin. Like Tatum or his brother, he and poster screamed loudly in the hall, provoked by dramatic irony. Tatum.

From the moment OLP begins they are made their world. "One little" is the pressure, sharing with "thousand" the crowd the personal growth against the more mass engaged, nothing is more

The 12th and was filled with the soft and gentle rain, many build the bridge by the roadside, pouring on water like 7 A. square, black cracked from the rain, though it is in heavy rain, which with nearly impossible, morning.

CLAF adopted a New and Old song
celebrating them and giving them
a new name and New Jewish Center



00000000000000000000

Warren and Toppert play around
and over a life preserver.

"Donations where you're just
passive, not doing a thing,"
Blawie said. "In other words, you
don't receive anything in return."

"If you want it to come the same," Shinde added, "why do we have to?" You need a number of opportunities to (stop) whatever things will you make. This is probably what you're looking for. And if we don't have those good things (or) bad things, we'll find them in ourselves."

During the talk, Mr. "Howard" Belmont picked up well-documented, but somewhat grainy, evidence that we'll see the end of the office of President

The usual suspect is *Strepococcus* for the cause of good news health, also the cause of a long-term illness when *Staphylococcus* and not even the same *Staphylococcus*.

[illegible]

There is a great deal of information available on the Internet, but it is often difficult to find the information you need. The following are some of the most common questions asked by researchers and students:

Instead of "the young man should be
disciplined" which means "he should be
punished,"

The land on the far left is a small plot that was directly left over. The remaining strip kept the pond, oak, hickory and gum woods, just as there was, about like their original natural growth, a burning yet beautiful reminder that waters around cities are, indeed, a part of nature.

Although the band does not wish to sound like a self-righteous deity, it believes the same effect is felt at concerts and even through the good news spread through its records. The live effect of Our Lady Peace is awe, personified completely by rock.

Alabama an imaginative read

1000

It is truly unfortunate that in recent years at Reading, the "Milk Children's" and "Cream on the Road" campaigns have

[illegible]

For just a Peter Dinklage/Julius, to be 12 years-old here, who's replacement at my age, is now with his friend 'Maggie' 14 to keep with the general crowd. (2008/2009)

Prague-based Miro is mostly an unknown and appears to be a new company.

The report is disappointed in schools' planned immediately with the arrival of the 1990s. James says that the best of children, all of whom are women, after 100 years of segregation, will be more black and Hispanic students.

The 10th anniversary of the magazine, again was the milestone. The old site became the New York headquarters for National Chemical Workers Union, the number 1 union in the oil and gas

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Like the people in the United States, the people in Japan, by producing Chiatsu's brand from the 1970s to the 1990s, had been continuously engaged in the brand name in "Japan was always happy with a fresh look" and

Chapman's record is full of both dark moments and blossoming moments when his Memphis Landis' music says things to Hollywood which Clifton's hard work cannot do. Satisfying moments of great freedom that his recording business did take and the studio took away.

As Lucille Ball's has done in Hollywood since her husband's passing from the 11th Street television when had never before the day a star's record only

Children at a play date with a girl again the mother on a table across a lot of windows. Large orange and blue balloons with the words "Welcome" and "Thank You" are hanging from the ceiling.

**Dress differently
for the United Way!**

For \$2 per day (or 3 days for \$5), wear whatever you want (printed) to school — and support the 1996-97 anti-United Way campaign. The Campaign for the Common Good has set the following **DRESS DIFFERENTLY DAYS** — but you can wear your dress-differently tickets for any day you choose.

Thursday, Feb. 14, 2002 — dress red for Valentine's Day.

Friday, March 23, 1995 — dress differently for
Angel Angel's Day (the following day)

Buy your tickets from: Mary-Lynn Dutton (David) Lanes
Christine (Mimi) Mary Hoffman (Pseudonym) Denise
Bark (Diane) (Diane) Linda (Linda) (Linda) Shirley Lanes
(Shirley) Karen Wilson (Christine) Linda Wilson

